

## Mt. Sac Relays This Weekend

by Taylor Wilson, BYU Athletic Communications



(BYU Photo/Mark Philbrick)

PROVO, Utah (April 15, 2010) – It is a big weekend for the BYU women’s and men’s track and field teams as several athletes head to the prestigious Mt. Sac Relays in Walnut, California, while other athletes will head north to Logan for the Mark Faldmo Invitational at Utah State.

The best track and field athletes in the nation annually attend the Mt. Sac Relays, with sections for Olympians, college elite athletes, college open athletes and high school athletes.

Competing in the elite sections for the women will be Katy Andrews (steeplechase), Katie Bowen (steeplechase), Lacey Cramer (800m), Rachel Lange (steeplechase), Mindy McClurkin (200m and long jump) and Katie Palmer-Cox (steeplechase).

On the men’s side Brandon Hebbert (10000m), Ryan Merriman (steeplechase), Richard Nelson (steeplechase) and Nathan Ogden (10000m) will all compete in elite collegiate sections.

Competition will be intense at the meet, with many of the top 25 ranked schools from the NCAA West Region attending.

At the Mark Faldmo Invitational the BYU men and women will face teams from Utah State, Utah, Idaho State, Utah Valley, Arizona and Weber State.

The Mt. Sac Relays are scheduled to start Thursday evening at 4:00 p.m. MST with the women's open section of the 3000m steeplechase and is scheduled to conclude on Saturday at 4:55 p.m. MST with the men's elite section of the 4x400m relay.

The Mark Faldmo Invitational will be a one day meet that will begin on Saturday at 10:00 a.m. MST with the men's and women's hammer throw and will conclude at 3:40 p.m. MST with the men's 4x400m relay.