



Track & Field News

Cramer Receives MWC Athlete of the Week Award

by Zack Warren, BYU Athletic Communications



Lacey Cramer earned her second career MWC Athlete of the Week honor after breaking the 800-meter conference record. BYU Photo/Mark Philbrick

COLORADO SPRINGS, Colo. (Feb. 22, 2009) – Freshman Lacey Cramer earned Mountain West Conference Athlete of the Week honors after breaking the MWC 800-meter record on Saturday at the Mt. SAC Relays in Walnut, Calif.

“I’m very excited for Lacey,” said BYU women’s distance coach Patrick Shane. “This is not an easy award to win, especially with the amount of competition in our conference and on our team.”

Cramer, the 800-meter indoor National Champion, took second on Saturday with an NCAA Regional qualifying time of 2:03.01. The freshman’s time is a MWC record, the second fastest time in school history and currently the second best time in the nation.

Cramer finished second only to last year’s National Champion Gina Gall of Michigan, who clocked a nation’s fastest time of 2:02.69.

“I’m very appreciative of the honor,” Cramer said. “I have an amazing coach, teammates and support group, which makes it much easier to stay motivated.”

Cramer also owns the BYU and conference indoor 800-meter top mark. A record she earned at nationals in a time of 2:03.91.

This marks Cramer's second career MWC Athlete of the Week award and BYU's third of the outdoor season.

Next up for Cramer and the Cougars will be the Clarence Robison Invitational in Provo.