

## Men and Women Tops in All-MWC Awards

by Taylor Wilson, BYU Athletic Communications



Mindy McClurkin won four events at the MWC Outdoor Championships, earning All-Conference honors for each. (BYU Photo/Mark Philbrick)

COLORADO SPRINGS, Colo. (May 17, 2010) - The Mountain West Conference announced its Men's and Women's Outdoor Track & Field all-Conference teams today, with both the BYU men and women earning the most citations in the conference.

BYU had 16 men earn 20 All-Conference honors and 15 women also earn a combined 20 All-Conference honors as both Cougar teams took the team outdoor championship after winning the indoor conference championship earlier in the year.

Six Cougars earned multiple All-MWC honors after their performances at the MWC Outdoor Championships, led by senior Mindy McClurkin's four citations for her performances in the 100 meters, 200 meters, long jump and the 4x100 relay, all of which McClurkin came in first.

On the men's side, junior Leif Arrhenius led with three honors after winning the discus and hammer and taking second place in the shot put.

McClurkin and Arrhenius won the meet's two High Point Awards as McClurkin led all women with 32.5 of BYU's 204 points and Arrhenius added 28 of the men's 211 total.

BYU women's head coach Craig Poole was also named MWC Women's Coach of the Year, the sixth time he

was won the outdoor award. Poole was also named Outdoor Coach of the Year in 2000, 2002, 2004, 2007 and 2009.

## **MEN**

Leif Arrhenius: Shot Put, Discus Throw, Hammer Throw

Rhyan Atrice: 400 meters, 4x400 Relay

Kevin Biesinger: 4x400 Relay

Anse Myller DeAraujo: Long Jump

Trevor Heiner: High Jump

Jonathan Kotter: 10,000 meters

Daniel Lawson: Shot Put

Chris Little: Pole Vault

James Derek McCallister: 4x400 Relay

Ryan Merriman: 3,000-meter Steeplechase

Richard Nelson: 3,000-meter Steeplechase

Chris Reno: Javelin Throw

Sean Richardson: Javelin Throw

Brian Weirich: 1,500 meters

Oliver Whaley: Hammer Throw

Ryan Waite: 800 meters, 4x400 Relay

## **WOMEN**

Katie Bowen: 3,000-meter Steeplechase

Alyssa Christensen: 400-meter Hurdles

Kari Clark: Pole Vault

Katie Palmer-Cox: 1,500 meters

Lacey Cramer: 800 meters

Ashley Dziendziel: High Jump

Porshe Giddings: 100 meters, 4x100 Relay

Fatima Makakala: 4x100 Relay

Mindy McClurkin: 100 meters, 200 meters, Long Jump, 4x100 Relay

Amy Otis: 100-meter Hurdles, 4x100 Relay

Mindy Robins: Heptathlon

Ada Robinson: High Jump

Nachelle Stewart: 800 meters

Angela Wagner: 800 meters

Allyson Wardell: Javelin Throw